

ECHO-Trauma Informed Systems of Care (ECHO-TISC)

ECHO-TISC Program

A tele-mentoring program for non-clinical professionals from California's juvenile justice and child welfare systems to strengthen traumainformed care via:

- <u>Comprehensive Education:</u> Learn information about trauma and evidence-based, trauma-informed approaches tailored to your role in the juvenile justice and child welfare systems.
- <u>Collaborative Learning:</u> Engage with peers from across California to share insights, strategies, and best practices, fostering a collaborative environment that benefits all.
- <u>Expert Consultation:</u> Access support and consultation from experts in trauma-informed practices to help you implement what you've learned in real-world scenarios.

Program sessions include:

- Brief informational didactic, with useful handouts and resources
- Skills-based learning in sessions
- Case discussion: a chance to consult peers and experts on youth and families you work with



Date and Time

6 one-hour sessions over a 3 month period



CLE

Credits are available for each of the 6 sessions.



Questions? Email

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Scan or click to register:

https://tiny.ucsf.edu/ ECHOTISC









What did participants think of ECHO-TISC?

PROGRAM FEEDBACK

"The program and the way it is structured are great. It was very beneficial to discuss cases with others in the cohort and hear how cases are being handled in other jurisdictions and by other juvenile justice professionals."

Attendees felt supported by the learning community...



"I appreciate the fact that the ECHO-TISC program provided a space for attorneys and other justice professionals to work with mental health professionals. This is rarely the case and was of huge benefit to me as an attorney who works with traumatized youth"

Attendees learned actionable skills...



"I learned practical ways to help children with trauma who are involved with the legal system, for example showing them the courtroom, asking for different types of therapy, facilitating their access to their hobbies"



"The program also helped give me more ideas on treatment and ways to advocate for my clients that will get them what the need for rehabilitation in delinquency, rather than just get by"



"I was able to learn about tools to assess trauma and how to be creative in creating trauma sensitive environments"

3-Month Curriculum

Session 1: Introductions to the ECHO model and to childhood trauma

Session 2: Race-based traumatic stress & intersectional considerations of trauma

Session 3: Screening and evidence-based treatments

Session 4: Making legal and probation practices trauma-informed

Session 5: Secondary traumatic stress: what is it and how do we manage it?

Session 6: Integrating knowledge into trauma-informed practice