# A Deeper Dive into Risk, Need & Responsivity

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#### Disclosure

- This project was supported by Grant No.
   G2299ONDCP02A awarded by the Office of
   National Drug Control Policy (ONDCP) of the
   Executive Office of the President.
- Points of views or opinions in this document are those of the author and do not necessarily represent the official position of the Executive Office of the President.

# Risk Principle

- Not necessarily a risk for violence or dangerousness
- Difficult prognosis or lesser amenability to treatment
- The higher the risk level, the more intensive the supervision and accountability should be, and vice versa
- Mixing risk levels is contraindicated

# Need Principle

- Clinical syndromes or impairments (diagnosis)
- Cause crime ("criminogenic") or interfere with rehabilitation ("responsivity")
- Addiction is criminogenic and serious mental illness interferes with response to rehabilitation
- The higher the need level, the more intensive the treatment or rehabilitation services should be, and vice versa
- Mixing need levels is contraindicated

### Risk & Needs Matrix

### High Risk

**Treatment** 

courts (e.g.,

#### Low Risk

High Needs

· Intensive

Intensive probation (ISP, HOPE)

Treatment

Treatment

diversion

Deflection; banked probation

Low Needs

# **Shaping Behavior**

- Don't expect too much
  - Learned helplessness, ratio burden, ceiling effects
- Don't expect too little
  - Habituation, complacency



- Proximal vs. distal vs. mastered goals
- Phase specificity
  - What was once distal becomes proximal and is eventually mastered

### **Substance Dependence or Addiction**

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- 1. Triggered binge pattern
- 2. Cravings or compulsions
- 3. Withdrawal symptoms

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#### **Substance Misuse**

## Substance Dependence or Addiction

- 1. Triggered binge pattern
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- 3. Withdrawal symptoms

Abstinence is a distal goal

**Substance Misuse** 

Abstinence is a proximal goal

### Substance Dependence or Addiction

- 1. Triggered binge pattern
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- 3. Withdrawal symptoms

Abstinence is a distal goal

#### **Substance Misuse**

Abstinence is a proximal goal

#### Collateral needs

- Dual diagnosis
- Chronic medical condition (e.g., HIV+, HCV, diabetes)
- Homelessness, chronic unemployment

### Substance Dependence or Addiction

- 1. Triggered binge pattern
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Abstinence is a distal goal

#### **Substance Misuse**

Abstinence is a <u>proximal</u> goal

Regimen compliance is proximal

#### Collateral needs

- Dual diagnosis
- Chronic medical condition (e.g., HIV+, HCV, diabetes)
- Homelessness, chronic unemployment

# **Specific Responsivity**

- Order and timing of intervention is crucial:
  - 1. Responsivity needs interfere with rehabilitation
  - 2. Criminogenic needs cause or exacerbate crime
  - 3. Maintenance needs degrade rehabilitation gains
  - 4. Restorative needs aid community reintegration
  - 5. Non-exigent humanitarian needs cause distress
- Continuing-care plan to address unmet needs
- Each phase advancement increases the odds of subsequent phase advancements and vice versa

## Conclusions

- No program or intervention works for everyone
- Must match supervision, treatment, and social services to risk and need (diagnosis & prognosis)
- Must match incentives, sanctions, and treatment adjustments to difficulty level (proximal vs. distal)
- Mismatches waste resources, worsen outcomes, and threaten public health & public safety
- Professions have a standard of care requiring adherence to these practices
- The definition of "quackery" (vs. medicine) is onesize-cures-all thinking

## **Pre-Disposition Assessment**

- Require assessment of risk and need before disposition
  - e.g., as part of a pre-sentence investigation (PSI)
- Use immunity especially at pre-adjudication stage
- Valid, reliable, & culturally unbiased instruments
- Substance use vs. dependence diagnosis guides treatment conditions and response to technical violations involving new substance use

#### **Evaluation**



https://cvent.me/Ar0x0x

- On your compatible phone or tablet, open the built-in camera app.
- 2. Point the camera at the QR code.
- 3. Tap the banner that appears on your phone or tablet.
- 4. Follow the instructions on the screen to complete the evaluation.
- 5. After completion, you will be provided with a certificate that can be saved and printed.