

Contra Costa Health Services

CONTRA COSTA COUNTY
DRUG MEDI-CAL ORGANIZED DELIVERY SYSTEM
[DMC-ODS] PLAN
“DRUG MEDI-CAL WAIVER”





Substance Use Disorders (SUD) affect people of every class, creed, and color. The 2016 National Household Survey on Drug Use and Health indicated that 19 million people suffered from substance use disorders, but only 3.6 million received treatment. Of those, 26.9% could not afford care and almost 40% were not ready to stop using.

Presented to California Association of Collaborative Courts Sacramento
September 12-14, 2018

THE SCIENCE OF ADDICTION

- American Society of Addiction Medicine (ASAM) – “Addiction is a chronic brain disorder and not simply a behavioral problem involving too much alcohol, drugs, gambling or sex.” We typically focus on the individual behaviors such as the pathologically pursuing reward and/or relief by substance use as the problem, the behaviors are manifestations of underlying dysfunction in the circuitry of the brain.
- Addiction is characterized by inability to consistently abstain, impairment in behavioral control, craving, diminished recognition of significant problems with one’s behaviors and interpersonal relationships, and a dysfunctional emotional response. “Many behaviors driven by addiction are real problems and sometimes criminal acts, but the disease is about the brain, not drugs.”
- Like other chronic diseases, addiction often involves cycles of flares [relapse] and remission. Without treatment or engagement in recovery activities, addiction is progressive and can result in disability or premature death.

Drug Medi-Cal Organized Delivery System (DMC-ODS) Overview

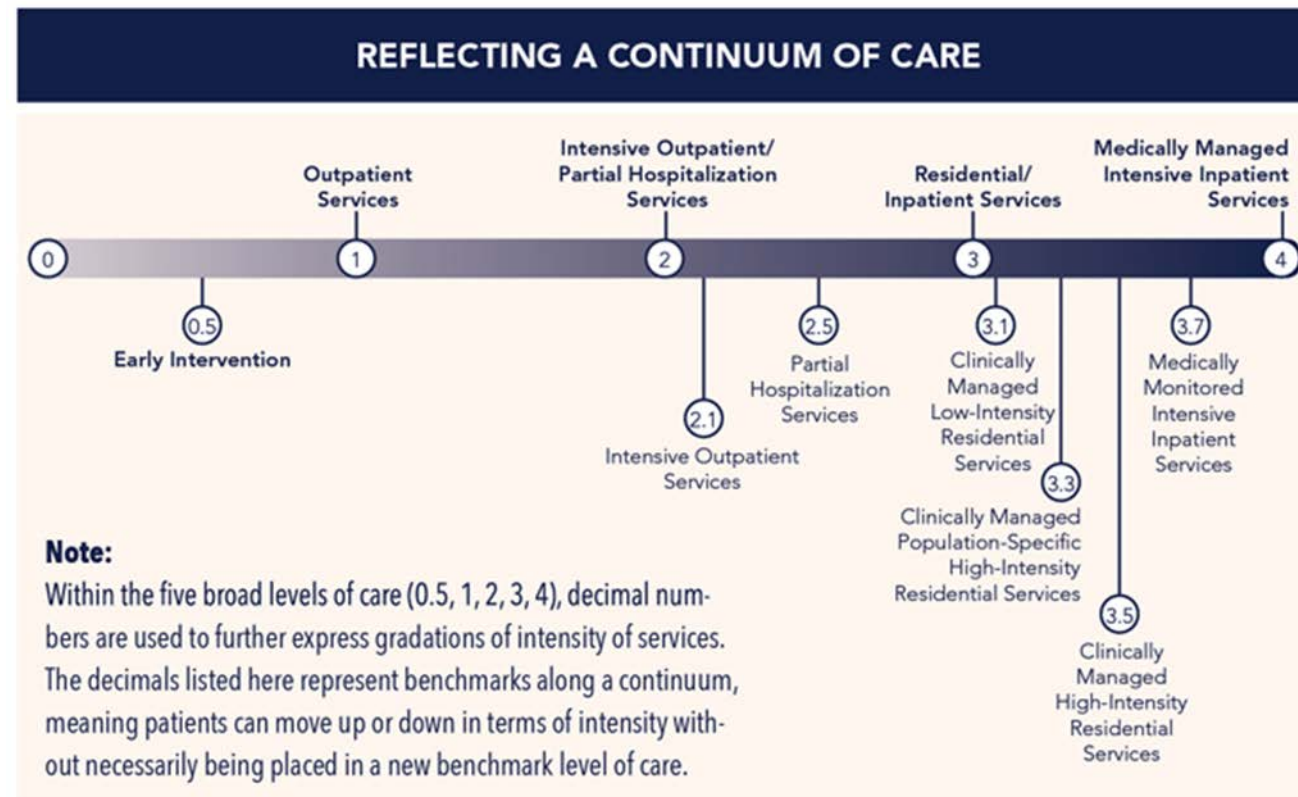
- California Bridge to Reform is a demonstration program to test a new paradigm to provide health care services for individuals with Substance Use Disorders [SUD]
- Expands availability and type of Substance Use Disorder treatment for Drug Medi-Cal beneficiaries
- Creates a Continuum of SUD services and care modeled after the American Society of Addiction Medicine (ASAM) Criteria

DMC-ODS WAIVER IMPLEMENTATION PLAN

- Requires a large Community Engagement Process with clients, providers and stakeholders including Courts and other criminal justice partners.
- Contra Costa became the 5th county in California that opted into Waiver, many other underway

Waiver Regulatory Requirements: ASAM

- Provide a continuum of services modeled on the American Society of Addiction Medicine (ASAM) Criteria.



AMERICAN SOCIETY OF ADDICTION MEDICINE (ASAM)

ASAM LEVELS OF CARE

- Withdrawal Management (Social Model Detox)- L3.2
- Outpatient – L1
- Intensive Outpatient- L2.1
- Residential Services – L3.1
- Recovery Services
- Case Management
- Physician Consultation
- Medication Assisted Treatment [MAT]

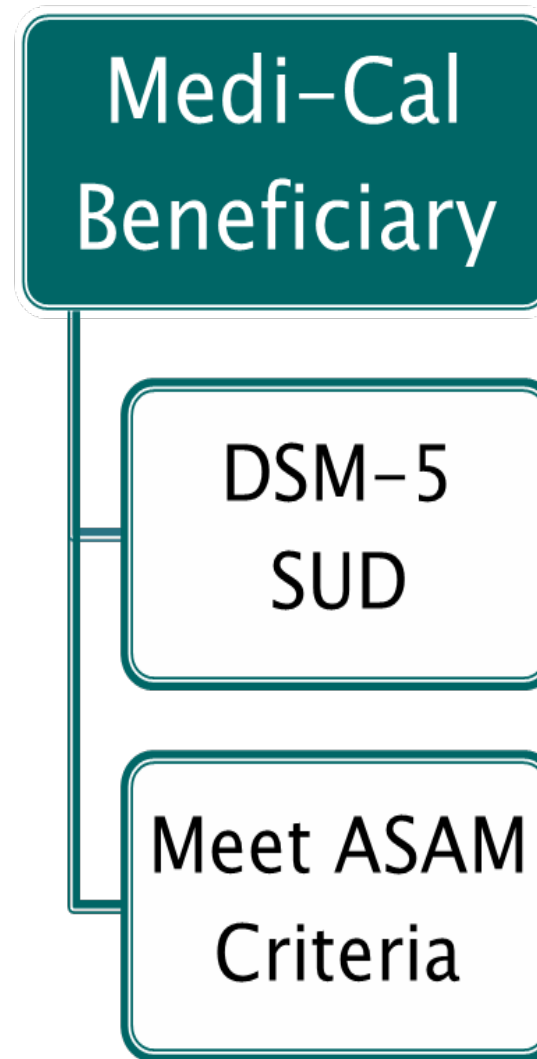
Medication Assisted Treatment [MAT]

- Medication Assisted Treatment- (MAT)
Buprenorphine for individuals with Opioid Use Disorders (OUD)
- METHADONE
- Naltrexone-Vivitrol and Acamprosate,
Disulfiram for treatment of Alcohol Use Disorders.

Waiver Clinical Regulatory Requirements

- Operates as a Managed Care Plan [PIHP] with “covered benefits”
- Requires ASAM Placement Assessment- face-to-face for admission to appropriate level of care.
- Requires a License Practitioner of the Healing Arts [LPHA] to establish Medical Necessity
- Places individuals in the least restrictive environment. Not necessarily residential treatment
- There are NO fixed Lengths of Stay and there are certain limits to covered benefits, for example: only 2 admissions to residential treatment per 365 days. No limits in Intensive Outpatient, Regular Outpatient, MAT or social model detoxification
- Must be county resident and Medi-Cal eligible in the county where services are being delivered.

Establishing Medical Necessity



Managed Care DMC Waiver Requirements

- Coordination with Primary Health Care
- Coordination with the Managed Care Plans
- Implementation of Evidence Based Practices
- Coordination with Mental Health

Pre Waiver

- No screening for placements
- Admission into treatment regardless of acuity, no symptomology.
- No clinical correlations between length of stays
- No clinical correlation between acuity and modality of treatment
- 8 months waitlist for residential treatment
- Methadone only medication available
- Low to no use of Intensive Outpatient (Level 2)

Historical Partners



- Coordination, collaboration & ongoing communication between criminal justice and DMC-ODS Waiver counties is essential to ensure that adults and young people with mental or substance use disorders who are involved in the criminal justice system benefit from the newly expanded treatment and available recovery support services to help them achieve long term recovery and to ensure safety in the community.

Crisis is Opportunity: July 1, 2017

- With the exception of AB109, no organized, formalized collaboration with Criminal Justice
- Due to economic recession the courts had ended all specialty courts. No Drug Courts
- Moved from decentralized to centralized entry through the Access Line 800 number

Transition

- 200 clients waiting to call from jail
- Public Defenders attempting to place clients into treatment
- Sentences no longer supported by the waiver
- Confusion in the court system

Making it Work

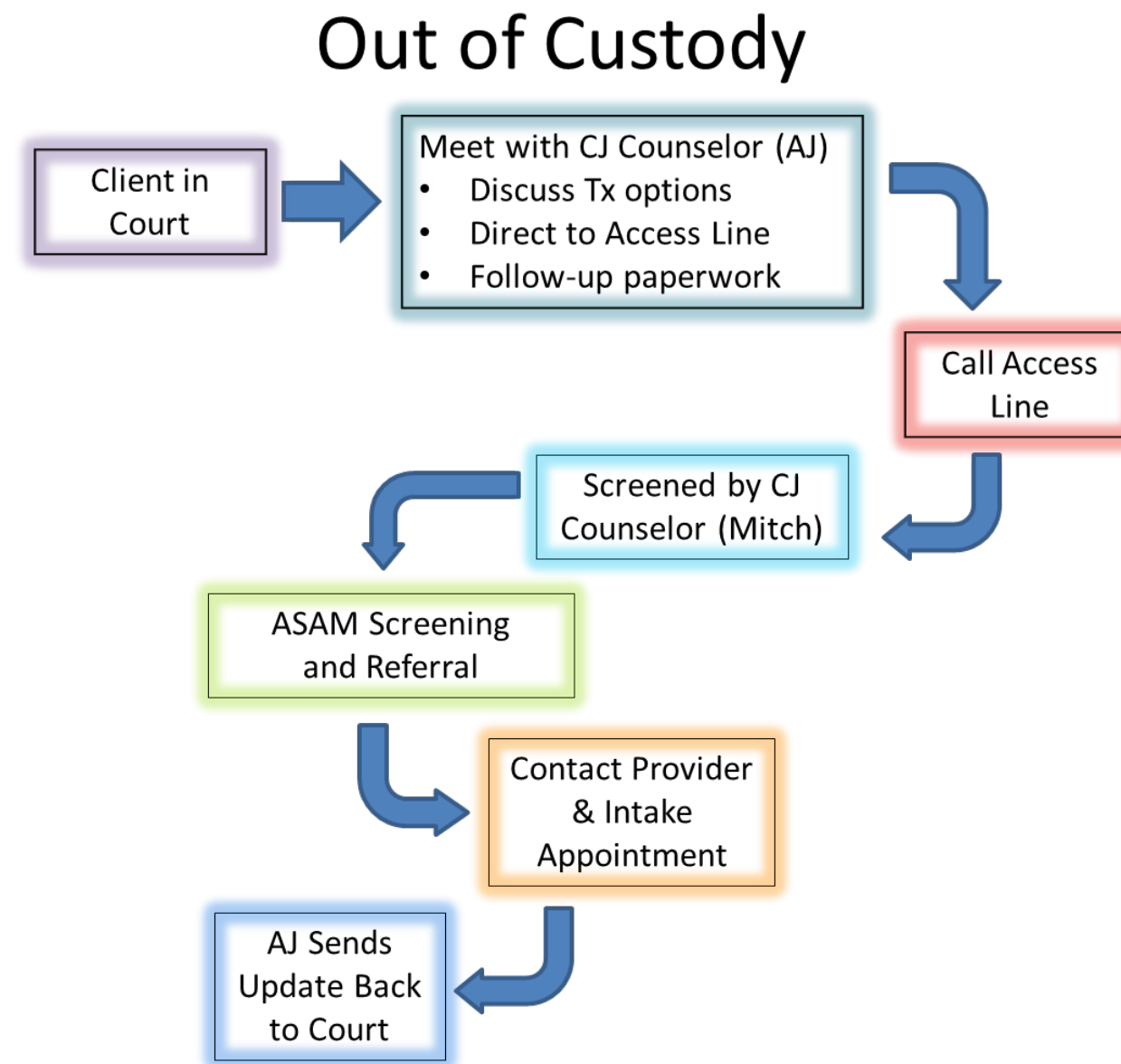


- Medical Necessity must be met for admission into all SUD programs including residential treatment, long treatment sentences into residential treatment no longer supported
- Judges rely on ASAM assessment placement decisions. Additional information may be provided by the court, attorneys, etc. and not rely solely on self-reported information.
- Presented and trained Public Defenders and Private Attorneys
- Available on the phone to District Attorneys when concerns arise
- Non-DMC funding is available to treatment facilities
- Preparing to submit a proposal for DUI court
- Ongoing communication: plan, do, check, act

Innovations

- New workflows from In Custody- ASAM screening directly from jail
- 1 assigned counselor to cover all 3 courts, centralized arraignments and pre trial calendars. Information readily available to the court and attorneys
- Newly developed partnership with the Sheriff Office – Speed Dial Number and flyers in the jails with information needed
- Newly Court-developed protocol to support the Waiver
- 1 assigned counselor at our Access Line for calls from 3 jails
- New set of forms for referrals, authorizations and reporting back to court every 45 days or if a change occurs
- Public Defender's has instituted our Release of Information forms with the names of all counselors at Access and provide transportation from jail to treatment
- Buy In from District Attorney
- Compliant with 42CFR Part2 Statute

IN COURT ASAM SCREENINGS



Waiver Benefits for Criminal Justice

- Ensures timely access no waitlists
- Promotes movement across levels of care
- Expands available services and service eligibility
- Provides choice of providers in the service area
- Allows for additional length of stay for probation/parole & pregnant women (Non-Medi-Cal funding)
- More support for clients with co-occurring needs through LPH
- Medical support as a result of Physician consultation
- Access to Medication Assisted Treatment
- Residential Treatment and Intensive Outpatient DMC covered benefits

Thanks!

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Alcohol and Other Drug Services

